



**COLLEGE OF MEDICINE AND DENTISTRY AT THE HILLS,  
ABBOTTABAD**  
DEPARTMENT OF MEDICAL EDUCATION  
**PRIME Year Annual Timetable Calender (MBBS Session 2025-26)**

**Module-wise 10:00–1:00 PM Topics for PRIME Year  
Integration  
Annual Calendar**

Below are the **10:00–1:00 PM topics** extracted from each module's detailed timetable, listed by module and theme. These correspond to the **Didactic** slot in the PRIME Year timetable.

**Blood Module**

*Themes: Pallor, Fever, Bleeding*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Pallor	Evaluation and classification of anemias in children and neonates
Day 2	Pallor	Iron deficiency and Megaloblastic anemia: Management in Children
Day 3	Pallor	Hemolytic Anemias in Children
Day 4	Fever	Leukopenia in Adults: Evaluation, causes and management
Day 5	Fever	Leukemias in Adults: Diagnostic approach, classification
Day 6	Fever	Splenomegaly in children: Causes, Diagnostic workup and management
Day 7	Fever	Lymphadenopathy: Diagnostic workup and management
Day 8	Bleeding	Clotting Factors Deficiency in Children
Day 9	Bleeding	Bleeding Disorders: Diagnostic Approach

**Musculoskeletal Module**

*Themes: Joint Pains, Aching Bones, Muscle Weakness, Skin Rashes & Burns*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Joint Pains	Introduction and Classification of autoimmune bone and joint Diseases
Day 2	Joint Pains	Evaluation of a child with bone and joint pains
Day 3	Joint Pains	Diagnostic and Therapeutic Approach to different arthritic conditions in adults
Day 4	Joint Pains	Management of different arthritic conditions in children
Day 5	Joint Pains	Rheumatoid Arthritis in Adults: Management and Complications
Day 6	Aching Bones	Osteoporosis: Prevention and Management
Day 7	Aching Bones	Congenital deformities of bones and joints
Day 8	Aching Bones	Caries Spine



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Day 9	Muscle Weakness	Proximal Myopathy: Etiology, diagnostic workup and management
Day 10	Muscle Weakness	Somatoform Disorders
Day 11	Skin Rashes & Burns	Drug Rashes and Allergies
Day 12	Skin Rashes & Burns	Acute and Chronic Infections of the Skin
Day 13	Skin Rashes & Burns	Burns: Evaluation, Initial assessment and Surgical Management

### GIT Module

*Themes: Dysphagia/Dyspepsia, Jaundice, Pain Abdomen, Altered Bowel Habits & Bleeding*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Dysphagia/Dyspepsia	LGF-Surg [topic not fully named]
Day 2	Jaundice	LGF-Med Investigations and workup of Liver Diseases
Day 3	Pain Abdomen	LGF-Surg Approach to a patient with acute pain abdomen
Day 4	Pain Abdomen	LGF-Surg Hernias
Day 5	Altered Bowel Habits & Bleeding	LGF-Surg Approach to a patient with bleeding per rectum
Day 6	Altered Bowel Habits & Bleeding	LGF-Surg Colon Resections and Stomas

### Renal Module

*Themes: Facial Swelling, Loin Pain & Dysuria*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Facial Swelling	Approach to a patient with Facial Swelling: Investigations of Renal Disease
Day 2	Facial Swelling	Nephritic Syndrome
Day 3	Facial Swelling	Electrolyte Disorders: Hypo and Hyper Natremia, Hypo and hyper kalemia
Day 4	Facial Swelling	Uremia and, Oliguria and Anuria: Causes, Management and Prevention (Acute Kidney Injury)
Day 5	Facial Swelling	Chronic Kidney Injury
Day 6	Loin Pain & Dysuria	Approach to a patient with blood in urine



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Day 7	Loin Pain & Dysuria	Urolithiasis
Day 8	Loin Pain & Dysuria	Bladder outlet obstruction and prostatic disorders
Day 9	Loin Pain & Dysuria	Testicular Tumours
Day 10	Loin Pain & Dysuria	Male infertility

## Endocrine & Reproductive Module

*Themes: Tall/Short Stature, Neck Swelling, Excessive Thirst/Urination, Moon Face, Pregnancy & Breast Diseases*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Tall/Short Stature	Diagnostic Approach and Management of Tall Stature
Day 2	Tall/Short Stature	Disorders of Posterior Pituitary Gland
Day 3	Neck Swelling	Hypothyroidism: Diagnostic Approach, management and Complications
Day 4	Excessive Thirst/Urination	Parathyroid Disorders: Diagnostic Approach, management and Complications
Day 5	Excessive Thirst/Urination	Diabetes Mellitus: Diagnostic Approach, screening and management
Day 6	Excessive Thirst/Urination	Diabetes Mellitus: Pharmacological and nonpharmacological management
Day 7	Excessive Thirst/Urination	Diabetes Mellitus: Acute and Chronic Complications
Day 8	Excessive Thirst/Urination	Diabetic Nephropathy
Day 9	Moon Face	Cushings syndrome: Diagnosis and management
Day 10	Moon Face	Addison's Disease
Day 11	Pregnancy & Breast Diseases	Antenatal Care / Risk identification and stratification in pregnancy
Day 12	Pregnancy & Breast Diseases	Assessment of Fetal Well being
Day 13	Pregnancy & Breast Diseases	Preterm Labour/PPROM
Day 14	Pregnancy & Breast Diseases	Antepartum Hemorrhage
Day 15	Pregnancy & Breast Diseases	Diabetes Mellitus and Pregnancy



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Day 16	Pregnancy & Breast Diseases	Induction of labour
Day 17	Pregnancy & Breast Diseases	Complicated/Abnormal Labour
Day 18	Pregnancy & Breast Diseases	Obstetric Emergencies
Day 19	Pregnancy & Breast Diseases	Puerperal Disorders
Day 20	Pregnancy & Breast Diseases	Breast Diseases: Diagnostic approach and workup

## Neurosciences Module

*Themes: Disturbed Mood & Behaviour, Weakness & Inability to Speak, Tremors, Headache, Paraplegia*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Disturbed Mood & Behaviour	LGF-Med Dementia
Day 2	Weakness & Inability to Speak	LGF-Med Stroke Syndromes: Diagnostic approach and management of sudden onset focal weakness
Day 3	Tremors	LGF-Med Epilepsy in adults: Diagnostic workup and management
Day 4	Headache	LGF-Med Approach to a patient with headache in primary care settings. Identification of red flags
Day 5	Headache	LGF-Med Encephalitis
Day 6	Paraplegia	LGF-Med Multiple sclerosis
Day 7	Paraplegia	LGF-Neuro Congenital malformations of the spine/ Syringomyelia

## Multisystem II Module

*Themes: Weight Loss/Gain, Poisoning, Heat & Cold, Abnormal Baby, Rash & Joint Pains*

Day Order	Theme	8:00–9:00 AM Topic
Day 1	Weight Loss/Gain	LGF-Med Obesity: Etiology, types and methods of measurement
Day 2	Weight Loss/Gain	Anorexia Nervosa and Bulimia Nervosa
Day 3	Weight Loss/Gain	Nutritional Support/ Enteral Nutrition



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Day 4	Poisoning	Approach to a patient with poisoning
Day 5	Poisoning	LGF-Med Selected poisons Management: Snake Bites
Day 6	Heat & Cold	LGF-Med Heat Related Disorders: Hyperthermia and Hyperpyrexia
Day 7	Abnormal Baby	LGF-Paeds Porphyrias
Day 8	Abnormal Baby	LGF-Paeds Mucopolysaccharidosis, Galactosemia and Phenylketonuria
Day 9	Rash & Joint Pains	LGF-Med Evaluation of an adult with suspected autoimmune disorder
Day 10	Rash & Joint Pains	SLE: Management and Complications
Day 11	Rash & Joint Pains	LGF-Paeds SLE in children, Juvenile arthritis
Day 12	Rash & Joint Pains	LGF-Med Giant cell arteritis and polymyalgia Rheumatica



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**Note for PRIME Year Integration:**

In the **PRIME Year timetable**, the **10:00–1:00 PM slot is designated for LGIS (Learner-Guided Interactive Sessions)**. The topics listed above from each module should be scheduled in that slot on the corresponding days within each academic block (N, O, P, Q) as per the thematic alignment.

Example:

- **Blood Module topics** would fall in **Block N**.
- **GIT Module topics** would fall in **Block Q**.
- **Renal & Endocrine topics** would fall in **Block P**.
- **Multisystem & Neurosciences topics** would fall in **Block Q**.

This ensures that the detailed module content is delivered in alignment with the PRIME Year's integrated weekly structure.

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