



COLLEGE OF MEDICINE AND DENTISTRY AT THE HILLS, ABBOTTABAD

DEPARTMENT OF MEDICAL EDUCATION

PRIME Year Annual Timetable Calender (MBBS Session 2025-26)

PRIME Year MBBS: Module-Wise Annual Academic Timetable (Tentative Framework)

Introduction

This document presents the tentative academic timetable for the Final Year (PRIME Year) MBBS program at the College of Medicine & Dentistry at The Hills, structured according to the innovative **PRIME (Professionals Ready for Innovative Medical Excellence)** curriculum. These timetables outline an integrated weekly framework that harmonizes Learner-Guided Interactive Sessions (LGIS), structured didactic teaching, Tiered Clinical Clerkships, Longitudinal Patient Panel (LPP) follow-up, Case-Based Learning (CBL), and dedicated scholarly activity. The schedules are designed to facilitate a seamless transition from supervised learning to independent clinical practice, ensuring graduates are equipped with competence, confidence, and a scholarly approach to patient care.

Important Note: The timetables provided here are provisional and represent the planned structure for the first week of each academic month (Blocks N, O, P, Q). The specific topics, clinical rotations, and academic focus for the remaining three weeks of each month will be assigned by the respective module coordinators and clinical departments in alignment with the PRIME Year's spiral-integrated curriculum and competency-based objectives.

Rationale

The structure of this timetable is derived from the core educational philosophy of the PRIME Year, which emphasizes progressive responsibility, immersive learning, and horizontal integration of knowledge across disciplines. The daily integration of LGIS (8:00–9:00 AM) promotes active, peer-facilitated learning, while the protected didactic block (10:00 AM–1:00 PM) ensures depth in core clinical themes. Afternoon sessions are reserved for authentic clinical engagement—including Tiered Clerkships, CBL, and LPP—enabling students to apply theoretical knowledge in real-world contexts. Fridays are dedicated to scholarly work and the PRIME Capstone Project, fostering a culture of inquiry and systems-based improvement. This balanced yet intensive framework is designed to bridge the gap between undergraduate education and internship, producing practice-ready, reflective, and innovative physicians.

Instructions for Use – PRIME Year Module-Wise Timetables

- 1. Timetable Structure:** Each table corresponds to one **academic block (N, O, P, Q)**, spanning a two-month period. The weekly schedule is fixed in format but **flexible in content** beyond the first week of each month. The daily framework integrates preparatory, clinical, didactic, and scholarly activities as shown.
- 2. Monthly Planning:** The schedules detailed herein represent the **first week of each academic block** as a structural template. For **weeks 2, 3, and 4** of each block, the Department of Medical Education and respective module leads will assign specific clinical topics, advanced didactic themes, procedural skills sessions, and specialty rotations that align with the block's overall objectives and the spiral-integrated curriculum.
- 3. Key Components & Schedule:**
 - **Pre-Round Preparation (7:30–8:30 AM):** Dedicated time for reviewing patient charts, new results, and planning for the day's clinical duties.



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- **Tiered Clerkship: Ward Rounds (8:30–10:00 AM):** Core clinical immersion where student performance progresses through defined roles: **Active Observer** → **Assistant Manager** → **Student Lead**. Students are expected to present patients, contribute to management plans, and write progress notes under supervision.
 - **Protected Didactic Time (10:00 AM–1:00 PM):** Faculty-led sessions following the **Base** → **Application** → **Expertise** pedagogical model, focusing on the core themes of each academic block.
 - **Case-Based Learning (CBL) (Tuesday, 2:00–4:00 PM):** Facilitated small-group discussions of complex, real-world patient cases designed to hone clinical reasoning and differential diagnosis skills.
 - **Longitudinal Patient Panel (LPP) & Clinic Time (Thursday, 2:00–4:00 PM):** Dedicated weekly time for following assigned patients with chronic conditions, coordinating care, and documenting reflections in the portfolio.
 - **Scholarly Activity / Capstone Project (Friday, 2:00–4:00 PM):** Protected time for research, manuscript writing, data analysis, and collaborative work on the Capstone PRIME Project.
4. **Logbook & Portfolio Documentation:** All clinical encounters, procedures performed, LPP reflections, and completed assessment forms (Mini-CEX, DOPS) **must be documented** in the **PRIME E-Portfolio (Clinical Logbook)**. This portfolio forms a critical component of the continuous internal assessment.
 5. **Advisor Meetings:** Monthly meetings with your assigned **Physician-Scholar Advisor** are mandatory. These should be scheduled individually within the designated Tuesday evening timeframe or by mutual agreement to review progress, discuss the LPP, guide scholarly work, and provide career mentorship.
 6. **Flexibility & Updates:** This timetable is **tentative and subject to modification** based on institutional requirements, clinical service needs, resource availability, and ongoing academic review. Students must refer to the **Department of Medical Education** and official college communications for the most current and authoritative schedule.

Disclaimer: This timetable is a planning framework for the PRIME Year MBBS program. Final authority on curriculum delivery and scheduling rests with the Academic Council of the College of Medicine & Dentistry at The Hills. All content is subject to formal approval and may be revised to meet evolving educational standards and regulatory guidelines.



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BLOCK N: Foundation-III, Blood & Immunology-III, MSK-III

(March–April)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30–8:30	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	(Off or On-Call)
8:30–10:00	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	On-Call Duties
10:00–1:00	Didactic: Advanced Oncology & Palliative Care	Didactic: Complex Hematology & Transfusion Medicine	Didactic: Musculoskeletal Medicine & Rheumatology	Didactic: Pharmacology & Therapeutics	Didactic: PRIME – Research & Scholarship	—
1:00–2:00	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	—
2:00–4:00	Tiered Clerkship: Clinical Duties	Case-Based Learning (CBL) Session	Tiered Clerkship: Clinical Duties	Longitudinal Patient Panel (LPP) & Clinic Time	Scholarly Activity / Capstone Project	—
After 4:00	Self-Directed Learning / Logbook	"Physician-Scholar" Advisor Meeting (Monthly)	Self-Directed Learning	Self-Directed Learning	Self-Directed Learning	Rest & Recuperation



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BLOCK O: Cardiorespiratory

(May–June)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30–8:30	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	(Off or On-Call)
8:30–10:00	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	On-Call Duties
10:00–1:00	Didactic: Heart Failure & Pulmonary Hypertension	Didactic: Acute Coronary Syndromes & ECG	Didactic: COPD & Interstitial Lung Disease	Didactic: Cardiac Arrhythmias & Advanced Airway	Didactic: PRIME – Leadership & Ethics	—
1:00–2:00	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	—
2:00–4:00	Tiered Clerkship: Clinical Duties	Case-Based Learning (CBL) Session	Tiered Clerkship: Clinical Duties	Longitudinal Patient Panel (LPP) & Clinic Time	Scholarly Activity / Capstone Project	—
After 4:00	Self-Directed Learning / Logbook	"Physician-Scholar" Advisor Meeting (Monthly)	Self-Directed Learning	Self-Directed Learning	Self-Directed Learning	Rest & Recuperation



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BLOCK P: Renal, Endocrine & Reproductive

(July–August)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30–8:30	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	(Off or On-Call)
8:30–10:00	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	On-Call Duties
10:00–1:00	Didactic: Acute Kidney Injury & Dialysis	Didactic: Diabetes & Thyroid Emergencies	Didactic: Reproductive Health & High-Risk Pregnancy	Didactic: Electrolyte & Acid-Base Disorders	Didactic: PRIME – Quality Improvement & Systems	—
1:00–2:00	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	—
2:00–4:00	Tiered Clerkship: Clinical Duties	Case-Based Learning (CBL) Session	Tiered Clerkship: Clinical Duties	Longitudinal Patient Panel (LPP) & Clinic Time	Scholarly Activity / Capstone Project	—
After 4:00	Self-Directed Learning / Logbook	"Physician-Scholar" Advisor Meeting (Monthly)	Self-Directed Learning	Self-Directed Learning	Self-Directed Learning	Rest & Recuperation



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BLOCK Q: Neuro, GIT & Multisystem

(September–October)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30–8:30	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	Pre-Round Preparation	(Off or On-Call)
8:30–10:00	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	Tiered Clerkship: Ward Rounds	On-Call Duties
10:00–1:00	Didactic: Stroke & Seizure Management	Didactic: Liver Failure & GI Bleeding	Didactic: Sepsis & Multiorgan Failure	Didactic: Geriatrics & Palliative Care	Didactic: PRIME – Capstone Finalization & Viva Prep	—
1:00–2:00	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	—
2:00–4:00	Tiered Clerkship: Clinical Duties	Case-Based Learning (CBL) Session	Tiered Clerkship: Clinical Duties	Longitudinal Patient Panel (LPP) & Clinic Time	Scholarly Activity / Capstone Project	—
After 4:00	Self-Directed Learning / Logbook	"Physician-Scholar" Advisor Meeting (Monthly)	Self-Directed Learning	Self-Directed Learning	Self-Directed Learning	Rest & Recuperation



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EXAM & TRANSITION PERIOD

(November 2025–January 2026)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30–8:00	Pre-Round Prep	Pre-Round Prep	Pre-Round Prep	Pre-Round Prep	Pre-Round Prep	Rest
8:00–9:00	LGIS (Exam Focus)	LGIS (Exam Focus)	LGIS (Exam Focus)	LGIS (Exam Focus)	LGIS (Exam Focus)	—
9:00–10:00	Revision Clinics	Revision Clinics	Revision Clinics	Revision Clinics	Revision Clinics	—
10:00–13:00	Mock OSCEs / SEQs	Mock OSCEs / SEQs	Integrated Case Discussions	Integrated Case Discussions	Capstone Project Finalization	—
13:00–14:00	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	Lunch & Independent Work	—
14:00–16:00	Portfolio Completion	Portfolio Completion	LPP Closure & Handover	LPP Closure & Handover	Final Advisor Meeting	—
Evening	Self-Directed Revision	Self-Directed Revision	Self-Directed Revision	Self-Directed Revision	Self-Directed Revision	Rest



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VACATION & NEW SESSION PREPARATION

(February 2026)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Full Day	Vacation / Internship Preparation	Vacation / Internship Preparation	Vacation / Internship Preparation	Vacation / Internship Preparation	Vacation / Internship Preparation	Rest

Academic Year Summary:

- **March–April:** Block N (Foundation/Blood/MSK)
- **May–June:** Block O (Cardiorespiratory)
- **July–August:** Block P (Renal/Endo/Repro)
- **September–October:** Block Q (Neuro/GIT/Multisystem)
- **November–January:** Exam & Transition Period
- **February:** Vacation & Internship Prep

*These timetables are **tentative** for the first week of each block; subsequent weeks will be scheduled by module coordinators with detailed topic rotation*

Notes on Implementation:

1. **Tiered Clerkship Model** applies across all blocks:
 - **Active Observer** → **Assistant Manager** → **Student Lead**
2. **Longitudinal Patient Panel (LPP)** is maintained throughout the year.
3. **Case-Based Learning (CBL)** is held weekly on Tuesday afternoons.
4. **Protected Didactic Time** follows the **Base** → **Application** → **Expertise** structure.
5. **Scholarly Fridays** are reserved for research, manuscript writing, and Capstone Project work.
6. **Assessments** include Clinical Logbook, Mini-CEX, DOPS, and portfolio reviews.



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