

COLLEGE OF MEDICINE AND DENTISTRY AT THE HILLS ABBOTTABAD DEPARTMENT OF MEDICAL EDUCATION

Saturday of the same week will be utilized to compensate any holiday.

Abbreviations used: Anat, Anatomy; Bio, Biochemistry; C Med, Community Medicine; DSL, Directed Self Learning; F Med, Forensic Medicine; Med, Medicine; LGA, Large Group A; LGB, Large Group B; Paeds, Paediatrics; Patho, Pathology; Pharma, Pharmacology; Physio, Physiology; SDL, Self-directed Learning, SGD; Small group Discussion, Division for Large groups: LGA (Large Group A): From Class No. 1- 140, LGB (Large Group B): From Class No. 141- 280

Division for Practicals/Dissections/SGDs: Batch A: 1-62; Batch B: 63-125; Batch C: 126-187; Batch D: 188-250 and onward

EVERY SATURDAY WILL BE ONLINE TEACHING

TIME TABLE OF ENDOCRINE MODULE FOR 2ND YEAR MBBS (SESSION)

Day/Date	08:00 – 09:00 am	08:00 – 09:00 am 09:00 – 10:00 am 10:00 am – 12:00 pm 12:00 – 01:00 pm		12:00 – 01:00 pm	PR	01:30) – 03:00 pm	
	WE	PRAYER						
Monday	Bio-L1 Introduction, classification and Mechanism of action of hormones (Physio-10)	Histo-L1 Histology of pituitary gland (LGA:Anat-1) (LGB: Anat-2)	SGDs Batch A: Bio-SGD1 Batch B: SDL (SLRC/Library) Batch C: SDL (SLRC/Library) Batch D: Phy-SDG1	Phy-L1 Introduction (Classification of Hormones) (Physio-10)	ER BREAK	PRACTICALS Batch A: Histo Batch B: SDL (Batch C: SDL (Batch D: Bio-F	SLRC/Library) SLRC/Library)	
Tuesday	Phy-L2 Mechanisms of Action of Hormones (Physio-10)	Bio-L2 Anterior Pituitary (Physio-10)	SGDs Batch A: Phy-SDG1 Batch B: Bio-SGD1 Batch C: SDL (SLRC/Library) Batch D: SDL (SLRC/Library)	Phy-L3 Pituitary Hormones and their Control by the (Physio-10)		PRACTICALS Batch A: Bio-F Batch B: Histo Batch C: SDL (Batch D: SDL (-P1 SLRC/Library)	
Wednesday	Phy-L4 Functions of Growth Hormone & its Regulation (Physio-10)	Bio-L3 Posterior Pituitary hormones (Physio-10)	SGDs Batch A: SDL (SLRC/Library) Batch B: Phy-SDG1 Batch C: Bio-SGD1 Batch D: SDL (SLRC/Library)	Pak Studies Pak-Afghan relation I (Anat-1)		PRACTICALS Batch A: SDL (SLRC/Library) Batch B:Bio-P1 Batch C: Histo-P1 Batch D SDL (SLRC/Library)		
Thursday	Phy-L5 Functions of Posterior Pituitary hormones (Physio-10)	Islamiyat Knowledge of rights of Almighty Allah and human beings (Anat-1)	Internal Assessment Block E	SGDs Batch A: SDL (SLRC/Library) Batch B: SDL (SLRC/Library) Batch C: Phy-SDG1 Batch D: Bio-SGD1		PRACTICALS Batch A: SDL (Batch B: SDL (Batch C: Bio-P Batch D: Histo	SLRC/Library)	
	08:00 – 09:00 am	09:00 – 10:00 am	10:00 – 11:00 am	11:00 – 12:30 pm	12:30 – 02:00 pm		02:00 – 03:00 pm	
Friday	Neurosurg-L1 Tumours of pituitary gland (Physio-10)	Paed-L1 Growth Charts (Physio-10)	Phy-L6 Pituitary hormones hyper and hyposecretion (Physio-10)	PRACTICALS Batch A: Histo-P2 Batch B: SDL (SLRC/Library) Batch C: Bio-P2 Batch D: SDL (SLRC/Library)	MUL	MA PRAYER	SDL (SLRC/Library)	
08:00 – 09:00 am 09:00 – 10:00 am 10:00 am – 12:00 pm 12:00 – 01:00 pm 01:30 – 03:00 pm							– 03:00 pm	
THEME 2: NECK SWELLING WITH BULGING EYES AND TETANY								

Saturday ONLINE	Bio-L4 Biosynthesis of Thyroid Hormones	Phy-L7 Synthesis and Secretion of the Thyroid Hormones	SDL	Phy-L8 Regulation and Functions of Thyroid hormone	PRAYER BREAK	
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Histo-P1: Adrenal (Anat-7)

Bio-P1: Glucose in Urine (Biochem-9)

physio-SGD-1: Growth Hormone excess

Bio SGD-1: Growth hormone deficiency

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	WEEK 2	WEEK 2 THEME 2: NECK SWELLING WITH BULGING EYES AND TETANY						
Monday	Phy-L9 Overview of calcium and Phosphate regulation (Physio-10)	Histo-L2 Thyroid gland and Parathyroid gland (LGA:Anat-1) (LGB: Anat-2)	SGDs Batch A: Bio-SGD2 Batch B: SDL (SLRC/Library) Batch C: SDL (SLRC/Library) Batch D: Phy-SDG2		Phy-L10 Bone Remodeling and role of Vitamin D (Physio-10)	ER BREAK	DRACTICALS	
Tuesday	Med-L2 Interpretation of Thyroid Function Test (Anat-1)	Pak Studies Educational system of Pakistan (Physio-10)	SGDs Batch A: Phy-SDG2 Batch B: Bio-SGD2 Batch C: SDL (SLRC/Library) Batch D: SDL (SLRC/Library)		Emb-L1 Thyroid and Parathyroid glands and its developmental anomalies (LGA:Anat-1) (LGB: Anat- 2)		PRACTICALS Batch A: Bio-Pi Batch B: SDL (S Batch C: Histo- Batch D: SDL (S	SLRC/Library) P2
Wednesday	Phy-L11 Functions and Regulation of Parathyroid Hormone (Physio-10)	Bio-L5 Functions of thyroid hormones and changes in thyroid hormone secretion (Physio-10)	SGDs Batch A: SDL (SLRC/Library) Batch B: Phy-SDG2 Batch C: Bio-SGD2 Batch D: SDL (SLRC/Library)		Phy-L12 Calcitonin (Physio-10)		PRACTICALS Batch A: SDL (S Batch B: Bio-P: Batch C: SDL (S Batch D: Histor	2 SLRC/Library)
Thursday	CMed-L1 lodine deficiency (Physio-10)	Bio-L6 Parathyroid hormones and calcitonin (Physio-10)	10:00 - 11:00 am Med-L3 Clinical features of hyper and hypothyroidism (Physio-10)	Phar-L1 Anti-Thyroid drugs (Physio-10)	SDL		PRACTICALS Batch A: Histor Batch B: Phy-S Batch C: Bio-P: Batch D: Bio-Se	GD3
Friday	08:00 – 09:00 am	09:00 – 10:00 am	10:00 - 1	1:00 am	11:00 – 12:30 pm	12:	30 – 02:00 pm	02:00 – 03:00 pm
Friday	THEME 3: INCREASED THIRST AND URINATION					JUN	MMA PRAYER	SDL

	Bio-7 Pancreatic hormones Insulin (Anat-1)	Phy-L13 Secretion and Regulation of Insulin (Physio-10)	Bio-L8 Glucagon (Pharma-13)	SGDs Batch A: Bio-SGD3 Batch B: SDL (SLRC/Library) Batch C: Bio-SGD3 Batch D: SDL (SLRC/Library)	(SLRC/Library)
Saturday ONLINE	Phy-L14 Insulin and Its Metabolic effects	Bio-L9 Diabetes Mellitus	Phy-L15 Functions of Glucagon/ Regulation of Blood Glucose	SDL	

Histo-P2: Thyroid Gland (Anat-7)

Bio-P2: Blood Sugar >T (Biochem-9)

Phy-SDG2: Thyroid Hormones Abnormalities (Physio-12) Bio SGD-2: Calcium Hemostasis

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		WEEK 3	THEME 4: MOON FACE			RAY BRE	
Monday	Bio-L10 Adrenal Cortical Hormones Aldosterone (Physio-10)	Phy-L16 Adrenocortical Hormones and their regulation (Physio-10)	Islamiyat Altruism (Physio-10)	Phy-L17 Functions and regulation of Aldosterone (Physio-10)	Bio-L11 Biosynthesis of adrenal cortical hormones (Physio-10)	ER AK	PRACTICALS Batch A: Bio-SGD4 Batch B: Histo-P3 Batch C: Phy-SGD3 Batch D: Bio-P3
Tuesday	Histo-L3 Adrenal gland (LGA:Anat-1) (LGB: Anat-2)	Bio-L12 Adrenal Cortical Hormones Glucocorticoids (Physio-10)	Phy-L18 Functions and regulation of the Glucocorticoids (Physio-10)	Bio-L13 Adrenal medulla (Physio-10)	Emb-L2 Development of Adrenal glands (LGA:Anat-1) (LGB: Anat-2)		PRACTICALS Batch A: Phy-SGD3 Batch B: Bio-P3 Batch C: Bio-SGD4 Batch D: Histo-P3

Histo-P3: Pancreas (Anat-7)

Bio-P3:Urine Chloride Estimation (Biochem-9)

Phy-SDG3: Pancreatic hormones Deficiencies (Physio-12)

Bio-SDG3: Hypoglycaemia (Batch C & D; Biochem-30, batch A & B; Physio-10)

Bio SGD4: Fluid retention (mineralocorticoid) (Biochem-30)